

## Instruction Form

To participate in this study, please visit the following website and take the online survey:

<http://www.surveygizmo.com/s3/339393/Eating-Habits-and-Residence-Project-1>

You will be asked to take a survey twice, once in the beginning of the semester (once during weeks 1-2) and once in the middle of the semester (once during weeks 9-10). You must meet the participant criteria to be able to complete the survey and to be entered in a raffle. If you do not meet the participant criteria, the survey will be terminated and you will be thanked for your willingness to participate.

For those who qualify for this study by meeting the participant criteria, you will be asked to complete a survey which takes about 20 minutes to complete. Please read the directions completely. Please answer all of the questions as honestly as possible- your responses will remain anonymous.

After completing the survey, you will be given a website address leading to a confirmation page. The confirmation page will instruct you how to send your email confirming your completion of the survey. **You will be required to send this email to be entered into the drawings.** This email will allow you to be entered into the raffle, contacted in the event of winning the drawing, and contacted for a reminder/notification of the availability of the second survey. Winners of the drawings will also be sent the gift card electronically. Please be sure that your email address is written correctly and checked regularly.

To be eligible for the first raffle drawing, you must email the required confirmation information by Friday of the second week of the semester (Sunday, September 5<sup>th</sup> at Noon). The first raffle will take place on the fifth week of the semester (by September 19, 2010) and winners will be notified by the sixth week of the semester (by September 26, 2010). 5 participants will be randomly drawn and will receive a \$5 giftcard to amazon.com.

To be eligible for the second raffle drawing, you must have turned in the first completed confirmation page by Sunday, September 5<sup>th</sup> at Noon **AND** must turn in the second completed confirmation page by Sunday, October 31<sup>st</sup> at Noon. Of those who turned in both pages on time, 10 participants will be randomly drawn by November 7, 2010, notified by November 14, 2010, and will receive a \$5 giftcard to amazon.com.

Thank you in advance for your participation! If you have any concerns or questions, feel free to contact me!

Sincerely,

Amanda Bradstock

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